

**Commission  
on Dietetic  
Registration**

**eat  
right.** the credentialing agency for the  
Academy of Nutrition  
and Dietetics

**Continuing Professional Education Certificate of Attendance  
-Attendee Copy-**

**Participant's Name:**

**Participant's Registration ID Number:**

**Activity Title:** Optimal Recovery: Practical  
Recommendations for the Recreational  
Athlete

**Activity Number:** 130770

**CPE Level:** Levels 1, 2, 3

**Date Completed:**

**Number of CPEUs Awarded:** 1 CPEU

**\*Learning Need Code(s):** 4060: Exercise, fitness, and sports nutrition  
**OR**

**\*Performance Indicator(s):** 4.1.2, 6.2.5, 8.1.1, 8.1.2, 8.2.1

*Rachel Bassler*

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Rachel Bassler, RDN, CSSD, LDN  
Senior Manager, Nutrition Communications  
Egg Nutrition Center  
Provider Signature

**RETAIN ORIGINAL COPY FOR YOUR RECORDS**

*\*Refer to your Professional Development Portfolio and Recertification Cycle*